CENTRAL CITY CONCERN
SUPPORTIVE HOUSING
About Central City Concern

- **Who we serve** – yearly, more than 13,000 individuals experiencing homelessness and extreme poverty (single adults, older adults, teens, parents and children throughout the tri-county metro area.)

- **Who we are** – Formed in 1979 as a 501(c)3 non-profit organization providing housing, health and employment services to more than 13,000 unduplicated individuals yearly

- 46% of our employees self-identify as in recovery; 25% have experienced Central City Concern’s programs first hand.

- **What we believe** – every person we serve has unique skills & talents that can enrich the health, security, sustainability, and quality of life for us all.
Transformative Care

**Supportive Housing**
- Direct access to housing which supports lifestyle change.

**Homelessness**
- Addictions
- Mental Illness
- Chronic Health Problems
- Trauma
- Lack of Insurance
- Unemployment
- Criminality

**Integrated Healthcare**
- Services highly effective in engaging people who are often alienated from mainstream systems.

**Legitimate income for self-sufficiency**
- Attainment of income through employment or accessing benefits.

**Positive Peer Relationships**
- Relationships that nurture & support personal transformation and recovery.
Integrated Healthcare –
Recovery from Mental Health & Addictions

Integrated Healthcare Services highly effective in engaging people who are often alienated from mainstream systems.

“Now, I am a calmer person. I use my coping skills, I’m a good mother and my recovery means everything to me.”
- client
CCC Supportive Housing

Direct Access to Housing Supportive of Lifestyle Changes

- Serving people overcoming homelessness, addictions, mental illness, chronic health conditions and/or criminal history

- A quality building cultivates a community of supportive peers and an atmosphere of dignity and respect.

- Collective Team effort with Mentors, Property Management, Case Management, Behavioral and Primary Care providers, Benefits and Employment Specialists
Affordable Housing

- 21 residential buildings (owned and/or managed) with nearly 1,600 units of affordable housing.

- 62% of units are alcohol & drug free community serving singles, families, veterans, corrections populations.

- 64% is mix of permanent housing including fair market affordable housing.
Choice Matters
Commitment to People, not Models

Permanent Supportive Housing
- Assertive Community Treatment (SMI)
- Housing Case Management
- Behavioral healthcare
- Primary healthcare
- Supported Employment
- Eviction Prevention/Remedies
- Mediation
- Mentoring
- Subsidy
- Transportation
- Acquisition of Benefits and Entitlements

Transitional ADFC Housing
- Peer Mentors 1:30
- Substance use treatment
- Co-occurring mental health
- Primary healthcare
- Supported Employment
- Mediation
- Recovery Community Supports
- Short-term Rent Assistance
- Resource and Referral
- Community Building Events
- Acquisition of Benefits and Entitlements
Community Engagement Program (CEP)

- ACT like Housing First Team works with people experiencing mental health issues, major disabilities, addictive disorders, physical healthcare, and chronic homelessness
- 269 Scattered Site Housing First vouchers and units
- Opportunities to move into Alcohol and Drug Free Community Housing
- 87% Retention 12 months post-placement
Old Town Recovery Center

- Outpatient, case management and ACT services for chronically mentally ill individuals using Housing First.
- Provides a community environment for clients.
- Team staffing formats to meet specific needs of clients such as those with multiple hospitalizations and those with co-occurring disorders (ie: alcohol/drug addiction)
- Integrated with Old Town Clinic

Living Room provides a comfortable place for clients to socialize and build community.
Recovery Housing and Support

Alcohol and Drug Free Community Housing

• Referrals from Hooper Sub acute Detox and 7 Portland inpatient treatment providers

• Individuals choosing substance treatment and clean and sober housing

• Peer Case Managers 1:30 work with recipient on recovery community supports, permanent housing and earned income.

• Individuals with Primary Addiction disorders

New Construction
2004 – Harris Building
152 ADFC Transitional Housing Unit 3 Yr. Outcomes

July 1, 2008 - June 30, 2011

- 878 Served
- 789 Exits
- 58% exits in recovery and permanent housing (457)
- 35% Employed at exit (276)
- 6% exit with SSI, SSDI (51)
- 80% remain housed clean and sober 12 months post exit
Employment Access Center

- Career center and computer skills training lab open to the public; reaches more than 3,000 yearly.
- Specialized programs with one-on-one employment assistance for nearly 1,000 people (Veterans, Prisoner Re-Entry, Families, Recovering Individuals).
- Over 700 individuals working in 2012 at an average pay or $10.25/hour
Community Volunteer Corps (CVC)

- Volunteer work program for people who live in CCC Housing.
- Opportunity to learn and develop “soft” workplace skills.
- 12 Non profit organization partners
- 80 hours over 3- months commitment; small stipend, graduation and letter of recommendation.
- Referral to Employment Access Center.
- Many gain employment at Clean & Safe
- 70% complete CVC
- 35,000 hours of community service

CVC participant
Outcome Studies Supporting Choice

- Tri-County Supported Housing and Services Needs Assessment 2012:
  http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=135450

- Supported Employment and ADFC Housing Study
  Portland State University Regional Research Institute, 2010:
  http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=89434

- Criminal Activity and Substance Use Study
  Portland State University Regional Research Institute, 2008:
  http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=53398

- Estimated Cost Savings Following Enrollment into Community Engagement Program:
  http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=53400
Supportive Housing: Choice Matters

Mentors
Resident Service Coordinators
Housing Specialists
Employment Specialists
Case Managers
PCP