



# CENTRAL CITY CONCERN SUPPORTIVE HOUSING



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# About Central City Concern

- **Who we serve** – yearly, more than 13,000 individuals experiencing homelessness and extreme poverty (single adults, older adults, teens, parents and children throughout the tri-county metro area.)
- **Who we are** – Formed in 1979 as a 501(c)3 non-profit organization providing housing, health and employment services to more than 13,000 unduplicated individuals yearly
- 46% of our employees self-identify as in recovery; 25% have experienced Central City Concern's programs first hand.
- **What we believe** – every person we serve has unique skills & talents that can enrich the health, security, sustainability, and quality of life for us all.

# Transformative Care

## Supportive Housing

Direct access to housing which supports lifestyle change.

## Legitimate income for self-sufficiency

Attainment of income through employment or accessing benefits.

## Homelessness

Addictions  
Mental Illness  
Chronic Health Problems  
Trauma  
Lack of Insurance  
Unemployment  
Criminality

## Integrated Healthcare

Services highly effective in engaging people who are often alienated from mainstream systems.

## Positive Peer Relationships

Relationships that nurture & support personal transformation and recovery.

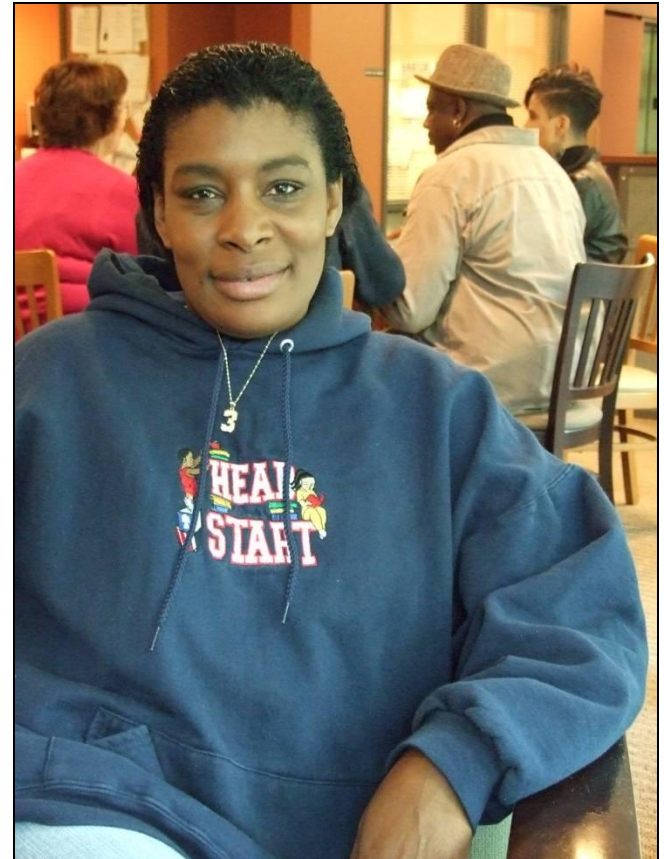
# Integrated Healthcare – Recovery from Mental Health & Addictions

## Integrated Healthcare

Services highly effective in  
engaging people who are  
often alienated from  
mainstream  
systems.

“Now, I am a calmer person.  
I use my coping skills, I’m a  
good mother and my recovery  
means everything to me.”

- *client*



# CCC Supportive Housing

## Direct Access to Housing Supportive of Lifestyle Changes

- Serving people overcoming homelessness, addictions, mental illness, chronic health conditions and/or criminal history
- A quality building cultivates a community of supportive peers and an atmosphere of dignity and respect.
- Collective Team effort with Mentors, Property Management, Case Management, Behavioral and Primary Care providers, Benefits and Employment Specialists



# Affordable Housing

- 21 residential buildings (owned and/or managed) with nearly 1,600 units of affordable housing.
- 62% of units are alcohol & drug free community serving singles, families, veterans, corrections populations.
- 64% is mix of permanent housing including fair market affordable housing.



# Choice Matters

## Commitment to People, not Models

### Permanent Supportive Housing

- Assertive Community Treatment (SMI)
- Housing Case Management
- Behavioral healthcare
- Primary healthcare
- Supported Employment
- Eviction Prevention/Remedies
- Mediation
- Mentoring
- Subsidy
- Transportation
- Acquisition of Benefits and Entitlements

### Transitional ADFC Housing

- Peer Mentors 1:30
- Substance use treatment
- Co-occurring mental health
- Primary healthcare
- Supported Employment
- Mediation
- Recovery Community Supports
- Short-term Rent Assistance
- Resource and Referral
- Community Building Events
- Acquisition of Benefits and Entitlements



# Community Engagement Program (CEP)

- ACT like Housing First Team works with people experiencing mental health issues, major disabilities, addictive disorders, physical healthcare, and chronic homelessness
- 269 Scattered Site Housing First vouchers and units
- Opportunities to move into Alcohol and Drug Free Community Housing
- 87% Retention 12 months post-placement



CEP Community Room



# Old Town Recovery Center

- ❑ Outpatient, case management and ACT services for chronically mentally ill individuals using Housing First.
- ❑ Provides a community environment for clients.
- ❑ Team staffing formats to meet specific needs of clients such as those with multiple hospitalizations and those with co-occurring disorders (ie: alcohol/drug addiction)
- ❑ Integrated with Old Town Clinic



Living Room provides a comfortable place for clients to socialize and build community.

# Recovery Housing and Support



**New Construction**  
2004 – Harris Building

## Alcohol and Drug Free Community Housing

- Referrals from Hooper Sub acute Detox and 7 Portland inpatient treatment providers
- Individuals choosing substance treatment and clean and sober housing
- Peer Case Managers 1:30 work with recipient on recovery community supports, permanent housing and earned income.
- Individuals with Primary Addiction disorders

# 152 ADFC Transitional Housing Unit 3 Yr. Outcomes

**July 1, 2008 - June 30, 2011**

- 878 Served
- 789 Exits
- 58% exits in recovery and permanent housing (457)
- 35% Employed at exit (276)
- 6% exit with SSI,SSDI (51)
- 80% remain housed clean and sober 12 months post exit

# Employment Access Center

- Career center and computer skills training lab open to the public; reaches more than 3,000 yearly.
- Specialized programs with one-on-one employment assistance for nearly 1,000 people (Veterans, Prisoner Re-Entry, Families, Recovering Individuals).
- Over 700 individuals working in 2012 at an average pay or \$10.25/hour



# Community Volunteer Corps (CVC)

- Volunteer work program for people who live in CCC Housing.
- Opportunity to learn and develop “soft” workplace skills.
- 12 Non profit organization partners
- 80 hours over 3- months commitment; small stipend, graduation and letter of recommendation.
- Referral to Employment Access Center.
- Many gain employment at Clean & Safe
- 70% complete CVC
- 35,000 hours of community service



CVC participant

# Outcome Studies Supporting Choice

- Tri-County Supported Housing and Services Needs Assessment 2012:  
<http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=135450>
- Supported Employment and ADFC Housing Study  
Portland State University Regional Research Institute, 2010:  
<http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=89434>
- Criminal Activity and Substance Use Study  
Portland State University Regional Research Institute, 2008:  
<http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=53398>
- Estimated Cost Savings Following Enrollment into Community Engagement Program:  
<http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=53400>



# Supportive Housing: Choice Matters

Mentors

Resident  
Service  
Coordinators

Housing  
Specialists

Employment  
Specialists

Case  
Managers

PCP

