



## VOLUNTEER POSITION DESCRIPTION

### Music Therapy Volunteer – Drum Circle

Central City Concern and Old Town Clinic's Wellness Program is in search of a volunteer with experience in drumming or music therapy instruction who is willing to lead drum circle group sessions for members of OTC. The Wellness Program is a community that serves as a gathering place to develop skills and build community.

The Drumming/Music Therapy Leader volunteer would be in charge of planning, organizing, and preparing lesson plans for Drum Circle group on a weekly or bi-weekly basis. Experience with using drumming or simple musical instruments in a therapeutic manner and as a positive recovery tool is a plus. The ideal volunteer would be able to make at least a 4-month commitment.

If you are interested, please fill out the online interest form, e-mail [eric.reynolds@ccconcern.org](mailto:eric.reynolds@ccconcern.org), or call 503-200-3893.

### DESCRIPTION OF DUTIES:

1. Generate lesson plans for leading a drum circle or involving clients in self-expression via other music therapy media
2. Lead 1-hour sessions on a weekly or bi-weekly basis that emphasize a safe, positive, and creative environment
3. Take advice, insight, and direction from staff regarding best approaches to bringing art into the Wellness Program
4. Communicate effectively with staff and with community members of Old Town Clinic

### SKILLS AND ABILITIES:

1. Creative, artistic, idealistic and able to think outside the box and come up with new ideas
2. Having an understanding of the recovery lifestyle is extremely helpful
3. Experience interacting with mentally ill or homeless clientele or other relevant experience volunteering or working with such clients is very helpful
4. Ability to effectively interact with employees and clients with diverse ethnic backgrounds, religious views, political affiliation, cultural backgrounds, lifestyles, and sexual orientations and treat each individual with respect and dignity
5. Volunteer is required to attend New Volunteer Orientation
6. Minimum of a 4-month commitment required